

NEW YORK

Vol. 5 #7 | September 2019

LIFESTYLES

MAGAZINE



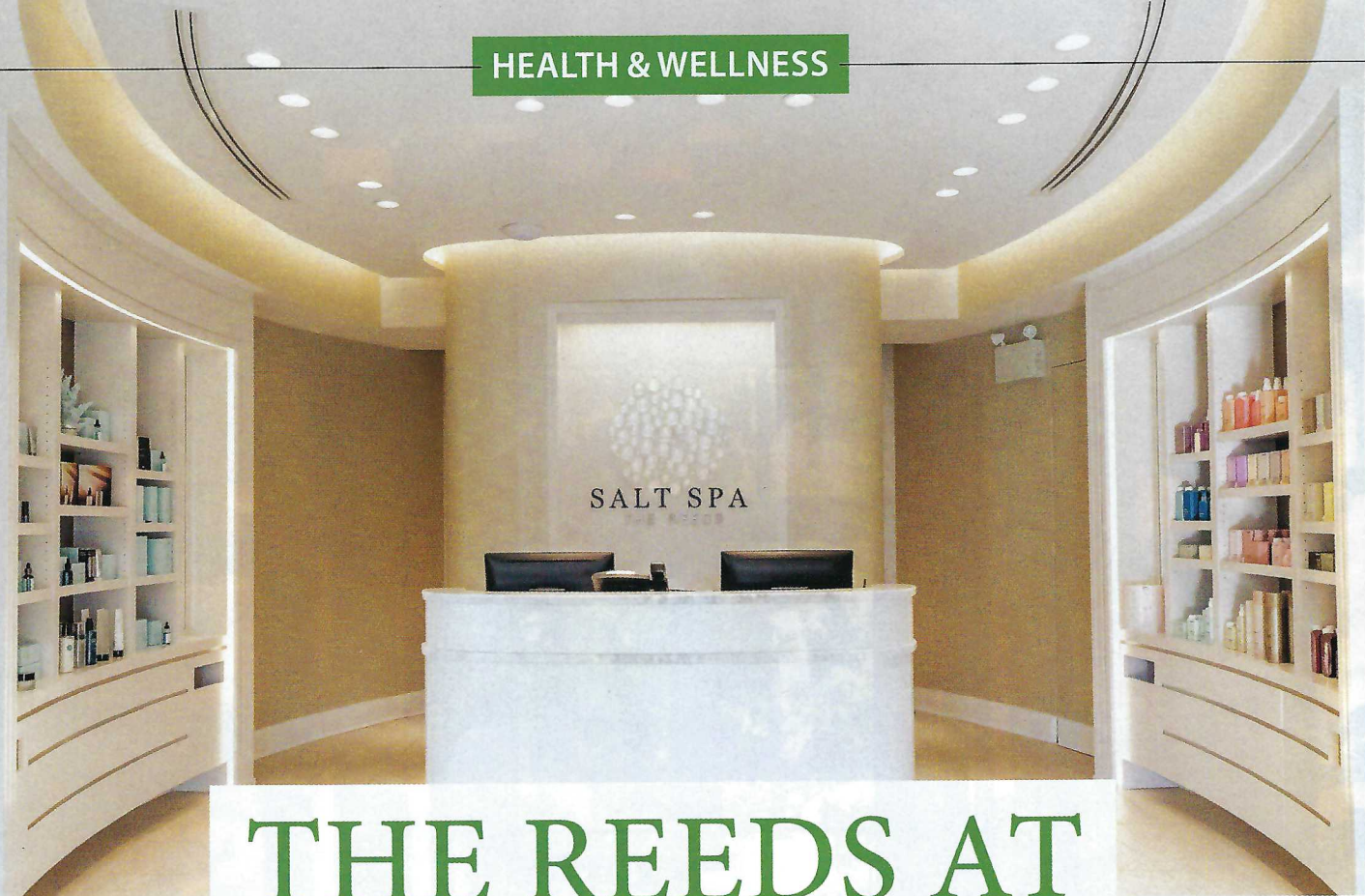
NEW YORK'S **JEAN SHAFIROFF** FASHION MEETS PHILANTHROPY

TRAVEL
ENGLAND'S
GREAT WEST WAY

LIFE & STYLE
FABULOUS FALL
MUST-HAVES

WELLNESS
SPA LUXURY AT
THE JERSEY SHORE

MONEY MATTERS
PREVENT
SENIOR SCAMS



THE REEDS AT SHELTER HAVEN

LUXURY WELLNESS ON THE JERSEY SHORE

BY STACEY ZABLE

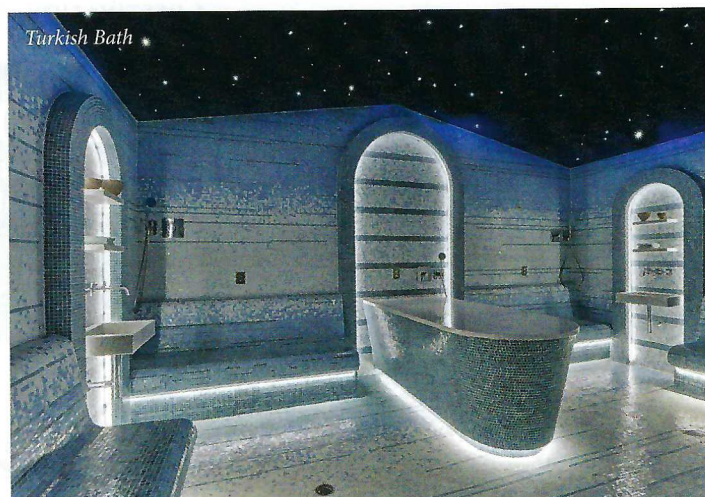
Walking into The Reeds at Shelter Haven in Stone Harbor, NJ, it's hard to imagine that you are only a three-hour drive or so from New York City. The boutique luxury bay front property and beach town magically transport you to a place that beats a little slower and does not seem to belong in the Tristate area.

Sitting at the southern end of the shore in Cape May County, the very walkable charming town of Stone Harbor just outside The Reeds' doors boasts restaurants, cute shops, and a magnificent beach only a few blocks away. The property offers high-level service and amenities, with a staff always ready with a smile. With the new **Salt Spa** opening, The Reeds—the flagship property of Refined Hospitality—is gearing up for a busy off season. Ron Gorodesky, Refined's managing director and president, explains a quieter guest experience awaits visitors with the same beautiful views during the off-season. Stone Harbor typically grows from less than 1,000 residents in the shoulder season to nearly 25,000 in the warmer months.

THE NEW SPA

Gorodesky continued to explain it's "the most comprehensive full-service luxury spa in Southern New Jersey." The spa offers six treatment rooms, including a couples' massage room, and a **Relaxation Lounge**. Treatments are also given in the **Turkish Bath**, and **Soft Pack Float** which combines exfoliation and light water submersion. The **Brine Lounge** offers guests soothing music, light therapy, and a mist from the brine waterfall to truly relax following treatments. The **Hair + Makeup Studio** with a blow-out bar, the **Bridal Studio** and the **Nail Studio** are ideal for bridal and bachelor/bachelorette parties and girlfriend getaways. The new building also includes a fully equipped **Fitness Center** with 24-hour access for all guests, as well as a boutique.

The Reeds also features two-night spa packages—perfect for romantic getaways, baby-moons, and girls' getaways—that include accommodations, treatments, and resort dining credit.



ACTIVITIES

The opening of Salt Spa expands on the hotel's existing wellness programming of daily yoga classes, a plunge pool, and two hot tubs on the Roof Garden lounge area during the summer. Also available then are complimentary paddle boarding and kayaking on the bay. Other seasonal offerings include complimentary beach butler service mid-May to early October featuring roundtrip transfers via electric car to the beach. Also included are beach tags, chair, towel, umbrella service, bottled water and ices. The Reeds has partnered with **Stone Harbor Golf Club** for tee times on the 18-hole course year-round.



Brine Light Room

The Reeds Shelter Island



DINING ON THE SHORE

The Reeds boasts an abundance of choice dining with five restaurants (depending on the time of year). **SAX** with an international menu and the **Stone Harbor Pizza Pub**, a casual option, features local craft brews; both are open year-round. Seasonal dining options on-site include the bay front **Water Star Grille** featuring an outdoor deck and lively bar plus an indoor room with a view. Don't miss the fun **Buckets Margarita Bar & Cantina** with live music, and the decadent **Wafflewich Ice Cream and Waffle Shop**.

For more information on **The Reeds At Shelter Haven**, visit reedsatshelterhaven.com.

STONE HARBOR OFF-SEASON

Diane Wade, The Reeds at Shelter Haven's guest services manager, is also a long-time resident of Stone Harbor who is the one all guests should seek out during their stay. She knows everything there is to do and see in the area—all year-round. Typically, The Reeds hosts a program of special events throughout the year for guests. Enjoy **Fire Pit Fridays**, live entertainment on weekends and seasonal cocktails at **SAX** and **Football Sunday** at **Stone Harbor Pizza Pub**. It's also **Open Mic Night** on Wednesdays and **Family Game Night** on Thursdays year-round. Upcoming holidays are celebrated with traditional **Thanksgiving Dinner**, a **Holiday Sing-Along** and **Tree Lighting Ceremony** on the property. Kids of all ages will thrill as the **Stone Harbor Christmas Parade** marches past the hotel.

Local attractions include the **Wetlands Institute** offering guided fall walks and year-round aquarium feedings and more. Many of the restaurants and quaint stores in Stone Harbor are seasonal with closings January to March, but there are plenty of shopping and dining options in the surrounding areas of **Avalon**, the **Wildwoods** and **Cape May**, says Wade. And, of course, the beach is always open for great long walks any time you visit. *Info: stoneharborbeach.com.*

